

East Boston Central Catholic School



Physical Education Teacher

Teaching various activities to foster physical activity to students of different ages and at different levels is the job description of a physical education teacher.

Position Description

A physical education teacher is an educator in the field of physical education who coaches and teaches students in the fundamentals of staying physically active.

Essential Duties and Responsibilities of a Physical Education Teacher

Physical education class is just one avenue during a school day that provides the opportunity for physical activity. During the allotted class time it is recommended that children be moderately or vigorously active for at least half of the class period. Several factors can contribute to making this happen:

1. Effectively organize space, equipment, and students.
2. Provide adequate equipment that allows all children to be active at the same time (e.g., one ball per child).
3. Limit teacher talk or instruction time.
4. Plan practice opportunities that are structured for maximum participation (e.g., individual, partner, and small-group activities; nonelimination activities; activities that require no wait time).
5. Structure the class so that learning occurs while students are being physically active.

With maximum and quality activity time, children become more skilled, knowledgeable, and physically fit.

Education and Experience

- Bachelor's degree in Physical Education or related field is recommended.
- Continuing education courses for keeping up with advancements in physical education is recommended.

Work Environment

- Time is spent working with students in a gymnasium setting.
- Time is spent being physically active.

Send application materials to Principal Bobby Casaletto at rcasaletto@ebccs.org.