

SBIRT Updates

NEW SBIRT Workshops for FY19

SBIRT in Schools;

Introduction to Verbal Substance Use Screening

This 6 hour workshop provides information on conducting verbal substance use screenings according Massachusetts law and approved practice standards. Learners will be introduced to the Screening, Brief Intervention, and Referral to Treatment (SBIRT) in Schools program. This training is required for school nurses seeking DESE license and for all other school health personnel who will be involved in the screening process. This workshop is for school professionals who have not yet attended an *Introduction to SBIRT Workshop*. There is no “Train the Trainer” model for SBIRT in Schools and all those participating in SBIRT screening should attend.

The training includes:

- An administrative overview of the SBIRT mandated screening program,
- An introduction to the CRAFFT II screening tool and instructions on how to use the tool,
- Motivational Interviewing skills to use immediately by the screener while discussing verbal screening results with students.

SBIRT in Schools; Mastering SBIRT

Mastering SBIRT Workshop is a newly developed 3 hour long skills training to increase confidence and skills in responding to the CRAFFT-II screening results using Motivational Interviewing (MI) techniques. The training includes discussion and practice of the REACT model for healthy reinforcement of healthy decisions (negative CRAFFT screening) and the Brief Negotiated Interview model to be used for discussion with those students who screen positive for substance use. Discussion about referral, consent and confidentiality as well as a closer look about how to talk to teens about substances will be included. NOTE: this training DOES NOT replace the requirement for all school health personnel involved in SBIRT screening to attend the required SBIRT in Schools Training: Introduction to Verbal Substance Use Screening Using the CRAFFT-II training.



We are looking for Districts who would like to host the Mastering SBIRT Training Workshops. Our goal is to offer this new workshop twice in each region throughout the school year. Up to 3 classroom-like spaces needed for up to 25 participants per space should be available to host training in a school or other building in your district. If you are interested, please contact Wanda Visnick, MDPH SBIRT in Schools Coordinator as soon as possible. wanda.visnick@state.ma.us

- School Health Resources and Training opportunities, including SBIRT are available and will be posted on the SHIELD website. www.shield-bu.org

SBIRT in Schools;
Introduction

Save the Date!

August 23, 2018
October 25, 2018
December 13, 2018
March 21, 2019
May 15, 2019

- Links to MGL, SBIRT materials, resources and the *MDPH Data Collection Tool* can be found on the MASBIRT website. www.masbirt.org/schools

All SBIRT materials will be updated over the Summer.

Be sure to update your resources from in the Fall!

If your school has not implemented SBIRT screening and you need technical assistance with planning and implementation, please email Wanda Visnick, MDPH, SBIRT in Schools Coordinator for support. wanda.visnick@state.ma.us

